**Chinese Poached Salmon**

**Salmon & Sauce**

* 1 tbsp of Rapeseed Oil
* 3 Cloves of Garlic
* A Piece of Ginger
* 1 Red Chilli
* Soy Sauce
* Fish Sauce
* Hoisin Sauce
* Teriyaki Sauce
* Oyster Sauce
* Fresh Coriander
* 4 Spring Onions
* 2 Salmon Fillets